

Manes can be clipped but tails should be left long but trimmed.

Too much washing will spoil skin on coat. Not washed in cold weather. A sweating horse may be washed once in a while but must be dried off & walked.

Results - Healthy horse. Characteristics of a healthy horse - erect, keen & lively. Way he stands on feet. Position of 4 ft. Stands squarely.

Loose skin - Horses pulse 36-40 beats a minute. Vein under jaw. Respiration at rest 1 breath to 4 heartbeats. Temp. 100° (approx.)

Common Diseases. - Cold, pneumonia, lock jaws, stomach aches, etc.

Cleanliness & fresh air. ~~black~~ Cholic. centers in muscles of intestines. Indication bending around hitting its flank & wants to roll. Changes in feed have to be watched carefully. Long drink of cold water after exertion. Treatment soda & water. Diseases - broken wind. Disease of the wind.

Splint - gristly bone. From strain. Don't make horse lame.

Sprains take shoes off & let foot stand naturally on ground & bath in cold water.

Swelling caused from sprain. Swelling below loc.

Big sprain on front of leg.

Lintaments.

Disinfectives

Raw linseed oil.

But or sore back on top of wither or near it from incorrect placement of saddle.

With galls from irritation of girth

Cuts - keep clean. Lots of hot water.

For tender hided horse keep salt water in stable so horse can be bathed after all rides. Toughens hide. Keep horse & saddle clean.

Shoes changed once a month at least.

Foot oval at bottom. Frog - soft, porous and full of blood vessels. Acts as pump keeps circulation in leg going.

Shoe bruised in sole.

Golf Progression.

1. Stance
2. Grip
3. Address.

1. Consistent or hitting not. Square w line of flight 2 ft with it L' 1/1. Ball up L toe. Places w build of player. Toes effect play. Obj.

Ludger toe - hooking.

Toes out - slicing.

Rt toe out Lt toe natural - hooking.

7 ft 2 far apart.

Width ^{less} shorter shot.

2. Overlapping most common. Lt. feet of Rt hid rest upon, 1st & 2nd & betw knuckles of Lt. Rd. Firm to prevent slipping but not force. Toe strong lightens wrist H-A. Don't have Rt ^{to far} over Lt - hooking.
Rt to far under shaft - slicing.

Never use set of odd clubs.

3. Pos. of H. shld, hds., hips, knee & ft.
H turned slightly to R, Lt eye fixed on bk of ball. Shld & hips 11 to line of shot Lt higher than Rt.

Swing-

1. Back - Turn to Rt of Lt. Hip. Lt hangs to Rt. Hip & assure simultaneous
Take Club Rd. bk along 252

ground.

Rt elbow sends.

Rt foot leaves ground & Lt foot sends toward it.

Rigidity or stiffness avoided. At top of bk swing an MP thrown up to left foot. W. it A locked in air side of A chain as poss. Lt shld pointing to ball & remains in adduct pos.

2. Bend knees - lose heel.

3. Reach. 2 far - loss of control.

4. Rt elbow out from side - shallow hit

Down Swing -

1. Not letting Club A make over C - cuts.

2. Drop. it shld - slicing.

3. Skinned Shot

4. Taking a 2 egg & following V. of Club

Cutting

1. H. over line of shot.

2. Ball struck in pendul. fashion

Note texture of grass. Rain slow green.

Points I remember.

1. Take time.

2. No follow thru.

3. Club face in direct contact w ball.

4. Keep eyes on ball.

Iron Play

● All shots hit down. All played to green.

Remember -

1. Rush feet slightly w at kn
2. Bk sw w w't foll
3. Stance sq. R & L
4. Head ^{sets} from player's ball - comfortable.
5. Wt on heels
6. Bending sw

● Wooden Clubs.

Spoon

Usually shot to green. C.H. hit ball
travel on

Cracking

Driver

Ball hit flat on bk. so little under
spin as poss. Never hit down

1. So. of 18 ft at top of sw.

2. 1. " legs

Don't let 18 ft leave ground as tend to

● touch on it. Keep 2 ft on it

Never rise 18 ft off ground

Faults of

Driver - slicing

Wooden - Topping

Iron - scooping ball in air

Putting - shot of hole

That

Field Hockey.
1940 - 41.

Hockey.

A.

I

(1)

Strokes and passes.

Dribbling.

(2) Push-Pass.

(3) Drive.

(4) Scoop.

(5) Bully - (3 types)

(6) Roll in.

IV. Tackle (mimeographed outline)

(1) Left hand lunge.

(2) Circular tackle.

III Dodges -

(1) To right ball to left.

(2) To right ball to right.

(3) To right ball to left (reverse stick)